

Market Hall lunch

A flexible, individual and inspiring
lunch experience every day



Bowls

- Marinated beef with scallions, spinach, kale, spring onions, edamame beans, coriander, peanuts and padron. Served with soy dressing. (1,4,7,11,15)
- Flank steak with scallions, spinach, pasta, sun-dried tomato, artichoke and green peas. Served with parmesan dressing. (1,2,6,11,13,15)
- Spicy chicken with scallions, spinach, chickpeas and black quinoa, carrot and spring onion. Served with soy dressing. (1,7,11,13,15)
- Tuna salad with scallions, spinach, edamame beans, carrot, spring onions, peas, jalapenos and herbs. (2,3,6,7,11,13)
- Falafel with scallions, spinach, chickpeas and black quinoa, pickled red onion, beetroot, almonds and herbs. Served with ajvar dressing. (4,7,8,9,13)
- Quinoa-balls with scallions, spinach, pearl barley, sun-dried tomatoes, artichoke and green peas. Served with parmesan dressing. (1,2,6,10,11,13)
- Hummus with scallions, spinach, chickpeas and black quinoa, beetroot, spring onions and coriander. Served with goma dressing. (1,4,7,8,15)
- Baked salmon with scallions, spinach, edamame beans, pearl barley, green asparagus and radishes. Served with goma dressing. (1,3,4,7,8,15)
- Fried halloumi with scallions, spinach, chickpeas and black quinoa, carrot, beetroot and dried cranberries. Served with ajvar dressing. (4,6,8,9,13)

Tapas

- Today's tapas board. Served with Italian salami, serrano, two types of cheese and the kitchen's choice of spread. Served with focaccia bread with tomato and olives. (1-15)

Open sandwiches, 2 pieces

Choose gluten-free rye bread on selected open-sandwich packages.

- Fish fillet with tartar sauce. Topped with herbs.
Chicken cold cuts salad with bacon and asparagus. ((1),2,3,6,11,13)
- Sausage roll, red onions, pickled mustard cloud and mustard cream.
Potatoes with bacon, smoked cheese and radishes. ((1),2,6,11,13)
- Eggs and shrimps. Topped with San Marzano tomato and lime mayo.
Fish fillet with remoulade and lemon. (1,2,3,5,11,13)
- Roast beef with pickled cucumber, roasted onions and remoulade.
"Fuglekvidder" with herbs. (1,2,6,11,13)
- ○ Potato with chips, peas and horseradish cream.
Beetroot with fried oyster shells, crispy seeds and beetroot cream.
((1),2,6,11,13)
- ● ○ "Kækkesalat" with fried chickpeas, spinach and herbs.
Baked tomato with spring herbs, San Marzano tomato, onion rings
and pepper mayonnaise. ((1),11,13,15)
- ● ○ Carrot with carrot puree, carrot crudité and herbs.
Lamb with rhubarb and crispy buckwheat. ((1),6,10,13)
- "Skagen" cold cuts salad with black pepper.
"Veterinarians night food" with onion rings and pickled mustard cloud.
(1,2,5,6,11,13)
- Meatball with remoulade and cucumber salad.
Soft-boiled egg. Served with green asparagus and chervil mayonnaise.
((1),2,6,11,13)

Sandwiches

Choose between three types of bread. (Light, dark or gluten-free bread)

- Chicken and bacon with scallions, spinach, onion relish, pickled
cucumber, red pepper and curry dressing. ((1),2,6,11,13,15)
- ● ○ Quinoa-balls with scallions, spinach, hummus, semi-dried tomatoes,
olives and black pepper mayonnaise. ((1),2,8,11,10,13,15)
- Ham and cheese with scallions, spinach, semi-dried tomatoes,
gherkins, red pepper and mustard mayonnaise. ((1),2,6,11,13,15)
- Marinated long-roasted beef breast with scallions, spinach, pickled
cucumber, red pepper and mustard mayonnaise. ((1),2,6,10,11,13,15)
- Tuna salad with scallions, spinach, pickled cucumber, red pepper
and herbs. ((1),2,3,6,11,13,15)
- Serrano ham and mozzarella with scallions, spinach, pickled cucum-
ber, red pepper and black pepper mayonnaise. ((1),2,6,11,13,15)
- ● ○ Falafel with scallions, spinach, gherkins, onion relish, red pepper
and grilled artichoke cream. ((1),7,11,13,15)
- Porchetta meatball with scallions, spinach, pickled cucumbers
and mustard mayonnaise. ((1),2,6,11,13)
- Cold smoked salmon with creamy cheese, scallions, spinach, pick-
led cucumber, red pepper and herbs. ((1),3,6,11,13,15)
- Chicken with scallions, spinach, pickled cucumber, onion relish,
red pepper and curry dressing. ((1),2,6,11,13,15)

● Vegetarian | ● Vegan | ● Lactose free | ● Gluten free | ○ Gluten-free bread

Warm portions dish

You can also choose one of our warm portions dish. You can choose from our favourite, vegetarian, vegan, gluten/lactose free and halal menu.

Market hall lunch

Cake every thursday



Portions dish



Order from day to day



Free of choice



From only 1 person



Contact us

Do you have further questions,
please contact us on:

@ torvekoekken@torvekoekken.dk

☎ 70 22 82 12



All lunch packages follow the normal price. We also offer vegetarian, vegan, gluten-lactose free or halal.